

Kayla Shook

Class of 2026 · Girls · 2022-2023 to 2025-2026

SEASONS	MEETS	PRS	SCHOOL RECORDS
4	54	21	5

Career bests

4x400M Relay	3:55.68
School record · 100 percentile · 2026 OHSAA Division III State Track and Field Championships	
1600M Intermediate Medley	4:33.94
School record · 100 percentile · 2026 Fairview Warrior Relays	
4x100M Relay	49.99
School record · 99 percentile · 2024 Division I District Track Meet	
4x200M Relay	1:42.75
School record · 99 percentile · 2024 Division I Regional Track Meet	
800M Sprint Medley	1:48.74
School record · 98 percentile · 2024 Green Twilight Relays	
200M	26.21
#4 all-time · 96 percentile · 2026 Metro Athletic Conference Championships	
400M	59.36
#4 all-time · 93 percentile · 2026 Division III Regional Track Meet	
100M	12.98
#7 all-time · 89 percentile · 2026 Nikki Reynolds Invitational	

Biggest improvements

400M	-10.04s
1:09.40 to 59.36	
200M	-3.32s
29.53 to 26.21	
100M	-0.70s
13.68 to 12.98	

Season by season

2022-2023	2 PRs
Freshman · 7 events · 32 marks	
2023-2024	4 PRs
Sophomore · 6 events · 44 marks · 6 SR	
2024-2025	6 PRs
Junior · 6 events · 47 marks	
2025-2026	9 PRs
Senior · 9 events · 47 marks · 2 SR	